

Living with Crohn's Disease

# ColitiScope

and Ulcerative Colitis

## What the professionals are saying

*Charming and earnest...an open-hearted and informative reflection on the experience of living with IBD.*

— **Jonathan Braun, MD, PhD**  
Professor and Chair  
Pathology and Laboratory Medicine  
UCLA David Geffen School of Medicine

*Colitiscopes is an invaluable resource for IBD patients and medical professionals. As a surgeon, I found it a humorous and accessible way to gain a patient's perspective on this disease.*

— **Kevin Hudenko, MD, FACS**  
Albuquerque, New Mexico

*Colitiscopes should be read by everyone affected by a chronic disease—patients, families, friends and coworkers. It is informative and touching, and best of all, laugh out loud funny. I can't wait to recommend it to friends, family and my patients.*

— **Ken Loving, MD, AAFP**  
Family Physician, Medical Director  
Access Community Health Centers  
Madison, Wisconsin

*This book will help a lot of people not feel so alone and shameful. It's like having a conversation with a close, trusted friend.*

— **Marit Lysne, PsyD, LP**  
Clinical Psychologist, Carleton College

## What patients & parents are saying

*Where was this book ten years ago when I needed it? When I was a freshman in college, I told my boyfriend that I had ulcerative colitis. Being the sensitive young man he was, he laughed and kept repeating, "Oh my god, you have bloody diarrhea? You have bloody diarrhea?"*

*I suppose it goes without saying that my feelings were quite bruised. If I had been armed with your book at the time I could have either clobbered him over the head with it or told him to read it and get a clue.*

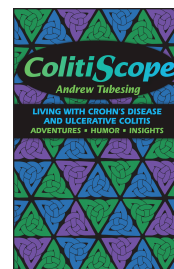
*Colitiscopes is a practical resource and a self-esteem booster all wrapped into one.*

— **Emily Sippola, RN, BAN**  
Minneapolis, Minnesota

*As a parent, I have watched and experienced my son's struggles with Crohn's disease, but reading your words gives me a better understanding. I can really relate as a loved one.*

*I think this is a great book that has never been written before and should be on the reading list of everyone with IBD—to realize there is still life after diagnosis. This is very practical, and all ages will find parts they can identify with. It's a quick read with lots of humor and smiles.*

— **Carolyn Bloom, PT**  
Lawrence, Kansas



### **Colitiscopes: Living with Crohn's Disease and Ulcerative Colitis**

by Andrew Tubesing

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[www.colitiscopes.net](http://www.colitiscopes.net)